

# Dietitian

Continuing education exam

## LEARNING OBJECTIVES

- Explain the Code of Ethics, its purpose, function, and value.
- Apply the four Code of Ethics principles and applicable standards into professional practice.
- Assess the Code of Ethics to determine whether violations have occurred.

## CDR ACCEPTED



This continuing education course is approved by CDR. CDR

Credentialed Practitioners will receive 1 Continuing Professional Education Units (CPEUs) for completion of this course.

## PRACTICE COMPETENCIES

View the suggested CDR Practice Competencies for this “Ethics”



category course by scanning the QR code on the left or at the URL:  
<https://bit.ly/3utkoOT>

## CODE OF ETHICS: Do It Right DESCRIPTION

Did you know that all dietetic professionals must complete a Code of Ethics course? Specific to nutrition and dietetics practitioners, and published by the Academy of Nutrition and Dietetics, and the Commission on Dietetic Registration, this course explores guidance for professional practice and conduct. Discover ethical expectations and to how to fulfill your commitment and obligation to the public, clients, the profession, colleagues, and all others to which you serve.

## GET STARTED

### 1. LEARN.

View the online video to help you complete your exam. View video directly in your browser. Launch <https://bit.ly/3uQO5JD>.



Or scan the QR code on the left. Select ‘open browser’. The exam starts on the next page and consists of multiple-choice questions. Answers the exam questions while you view the video.

### 2. SUBMIT YOUR ANSWERS FOR INSTANT GRADING. TWO WAYS.

I. Directly in browser. Launch <https://bit.ly/3AZophV>  
or

II. Scan QR code below. Select ‘open browser’.



- With either method, enter your email address (where your exam results and certificate completion will be delivered).
- Create a password that allows you to save and resume your exam and locate your exam results and certificate of completion.

### 3. GET YOUR CERTIFICATE OF COMPLETION.

A minimum 70% score is required. Unlimited and complimentary retakes. If you do not earn the 70% minimum score, simply use the URL/QR code above and submit your revised exam answers for grading.

**Code of Ethics:  
Do It Right**

1. The nutrition and dietetic practitioner exhibits customer focus by:
  - A. understanding the client.
  - B. empathizing with the client.
  - C. remaining flexible to client expectations and demands.
  - D. All of the above
  
2. In practicing \_\_\_\_\_ through research, the practitioner displays professional competence, development and contributions.
  - A. innovation
  - B. profitability
  - C. legal protection
  - D. None of the above
  
3. The primary goal of the Code is to protect the public. This may include:
  - A. individuals.
  - B. communities.
  - C. population groups.
  - D. Any of the above
  
4. The Code of Ethics applies to:
  - A. Nutrition and dietetic practitioners.
  - B. Members of the Academy of Nutrition and Dietetics.
  - C. Commission on Dietetic Registration credentialed professionals.
  - D. All of the above
  
5. Practitioners should always act within an individual's best interest, rather than within their own interests. This refers to the principle of:
  - A. Non-maleficence.
  - B. Autonomy.
  - C. Beneficence.
  - D. Justice.
  
6. The principle of justice emphasizes justice with an emphasis on \_\_\_\_\_ justice.
  - A. legal
  - B. economic
  - C. political
  - D. social
  
7. The first step in stating an ethical dilemma is:
  - A. objectively identify the issue.
  - B. connect ethical theory to the dilemma in practice.
  - C. submit a formal request for mediation.
  - D. select the best alternative and justify your decision.
  
8. The Academy of Nutrition and Dietetics is an individual professional membership organization, and the Code of Ethics pertains to:
  - A. individual practitioners
  - B. professional organizations
  - C. Political Action Committees
  - D. None of the above
  
9. In the Ethics Committee's experience, many of the matters brought to them are not ethics matters. Instead, the matters presented are:

- A. business disputes.
- B. employment disputes.
- C. legal matters.
- D. All of the above

10. The overarching focus of the Code is:

- A. education.
- B. remediation.
- C. self-regulation.
- D. All of the above

# Next steps...

Congratulations! You have completed the knowledge portion of your continuing education exam. Now what?

## CDR Critical Thinking Self Study Evaluation Tool

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**It's time to respond to the five CDR Critical Thinking Self Study Evaluation Survey Questions. Here are some hints and tips for responding to the questions.**

### Required

All practitioners must respond to the CDR Critical Thinking Self-Study Evaluation Tool (5 survey questions) for each self-study continuing education course. All professionals must complete these questions for EACH continuing education course completed.

### Reflect

Consider the learning experience you gathered during the self-study continuing education course.

### Respond

Respond to each of the 5 survey questions in complete sentences--and where appropriate--refer to the relevant section(s) of the self-study continuing education course. A response is required for each survey question. If you are not currently practicing, reflect on your past or future practice.

*Since survey questions are worth "0" points, responses do not influence your score on the knowledge portion of the continuing education exam. Further, they are not graded or viewed by Dietitian 360.*

**The five questions below appear online immediately after the knowledge portion of the continuing education exam.**

1. Did you find the education valuable? If yes, what aspects of the education was valuable? If no, why not?
2. Did you or will you make a change to your practice(s), based on what you learned in this program? If yes, do you intend to make? If no, why not?
3. What barriers or limitations do you anticipate when trying to implement this new information into your practice?
4. What are the strengths and limitations of the information presented?
5. What are the identified gaps in the information provided? (Ex. Outcomes that apply to a specific patient/client population (limited data in gender, age, other races, etc.)

View more about the CDR Critical Thinking Self-Study Evaluation Tool Survey Questions [here](https://bit.ly/3bKp4qk). (https://bit.ly/3bKp4qk)

## More than one credential?

Earn it once. Use it twice.

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Our multiple professional approvals may allow you to apply these continuing education to other credentials. Many Dietitian 360 users are also CDCESs (Certified Diabetes Care & Education Specialists), CDM (Certified Dietary Managers) and/or CFPP (Certified Food Protection Professionals). You may be able to use the continuing education that you earned here to satisfy continuing education requirements for CDCES, CDM and/or CFPP. View more at our Educating Everyone page [here](https://bit.ly/3RXNp1s). (https://bit.ly/3RXNp1s). Got questions? Connect with us at: [info@dietitian360.com](mailto:info@dietitian360.com)

## Keep Learning.

Because continuing education never ceases.

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Compliment your continuing education experience, enhance your practice, and ensure your success with current and key references [here](https://bit.ly/48kZZO7). (https://bit.ly/48kZZO7)

## How did we do?

We're listening. Two ways.

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- Google Business survey. Complete the optional survey [here](https://bit.ly/3YoGTm4). (https://bit.ly/3YoGTm4). We'll show our appreciation with a 10% coupon for your next order.
- The Commission on Dietetic Registration (CDR) feedback. RDNs and NDTRs may share information with CDR staff regarding the quality of this or any CDR CPEU Prior Approved Activity at: <mailto:QualityCPE@eatright.org>